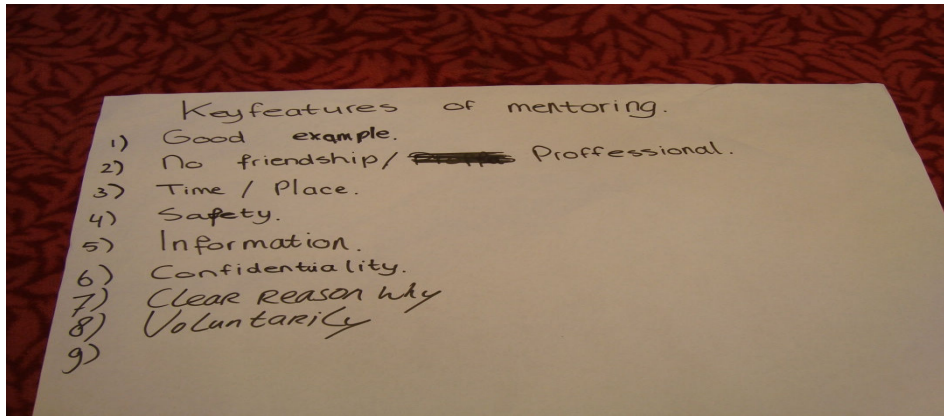




## Chapter Two: Key features of mentoring



A number of key features of mentoring are formulated by peer mentors based upon their personal experience. The mentor is a role model and shows the mentee good examples of how he/she can do things in a different way.

The relationship between mentor and mentee is of a friendly and professional nature, but mentor and mentee don't necessarily have to become friends. Meetings between mentor and mentee take place in a safe environment where they can talk peacefully and are not disturbed. It's important that the privacy of communication is ensured.

The mentor should respect the mentee as a unique person with his or her qualities and characteristics. The place and time of the meeting is known to both peer mentor and mentee. The information that is shared between mentor and mentee is of a confidential nature and needs to be treated this way at all times. The reason(s) why peer mentoring has been selected as a guiding instrument is/are clear to both mentor and mentee. The mentoring relationship is finite and based on setting goals in the beginning and working on achieving those goals by the mentee with help of the mentor. Working with a peer mentor is always on a voluntarily basis and can never be forced by others.